

WORLDWORK READING / RESOURCE LIST

The following list of titles is a compilation from previous Worldwork Seminars and from recent recommendations. It is intended as a continuation of an effort to create a comprehensive resource for our Worldwork studies.

Most of the books, articles, and unpublished dissertations on Worldwork and Process Work are available from [Lao Tse Press](#).

The list is a collection of titles from many different individuals and is not meant to represent the ideology of any one person or group. Some of the listings are annotated to help give the reader an idea of what one person thought about the book. Others are simply listed without commentary.

The list is separated into subsections to make it easier to browse.

BOOKS & ARTICLES on Process Work

- Arye, Lane. *Unintentional Music: Releasing Your Deepest Creativity*. Hampton Roads Pub. Co., 2001.
- Audergon, Arlene. *The War Hotel: Psychological Dynamics in Violent Conflict*. Whurr Publishers, 2004.
- Audergon, A. and Arye, L. "Transforming conflict into community: Post-war reconciliation in Croatia," in Totton N. (Editor), *Psychotherapy and Politics*. Open University Press/McGraw Hill, February, 2006
- Diamond, Julie and Jones, Lee Spark. *A path made by walking: Process Work in Practice*. Lao Tse Press, 2005.
- Goodbread, Joe. *Dreambody Toolkit*. Routledge and Kegan Paul, 1987.
- Goodbread, Joe. *Radical Intercourse*. Lao Tse Press, 1997.
- Halprin, Sara. *Look at My Ugly Face: Myths and Musings on Beauty and Other Perilous Obsessions with Women's Appearance*. Penguin USA, 1996.
- Halprin, Sara and Hohler, Ursula (editors). *Alternative to War: Creative Aftermath of Worldwork*. Changing World Publications, 2004.
- Halprin, Sara. *Seema's Show: A Life on the Left*. University of New Mexico Press, 2005.
- Katrivanou, Vassiliki. "On Conflict, Gender and Nationalism in Cypriot Society: Beliefs and Contradictions," *Annual Review of Critical Psychology*, 2005.
- Menken, Dawn. *Speak Out! Talking About Love, Sex and Eternity*. New Falcon Pub. 2002.
- Mindell , Amy. *An Alternative to Therapy: A Creative Lecture Series on Process Work*. Lao Tse Press, 2006.
- Mindell, Amy. *Coma, A Healing Journey: A Guide for Family Friends and Helpers*. Lao Tse Press. 1999.
- Mindell, Amy. "Discovering the World in the Individual: The World Channel in Psychotherapy." *Journal of Humanistic Psychology*, 1995.
- Mindell, Amy. *The Dreaming Source of Creativity: 30 Creative and Magical Ways to Work on Yourself*. Lao Tse Press, 2005.
- Mindell, Amy. *Metaskills: The Spiritual Art of Therapy*. Lao Tse Press, 2nd ed., 2003.
- Mindell, Amy and Arnold. *Riding the Horse Back-wards: Process work in theory and practice*. Lao Tse Press. 1992.
- Mindell, Arnold. *Coma, Key to Awakening: Working With The Dreambody Near Death*. Lao Tse Press. 1994.
- Mindell, Arnold. *City Shadows: Psychological Interventions in Psychiatry*. Lao Tse Press. 1988.
- Mindell, Arnold. *The Deep Democracy of Open Forums: Practical Steps to Conflict Prevention and Resolution for the Family, Work Place, and World*. Hampton Roads Pub. 2002.
- Mindell, Arnold. *Dreambody: The Body's Role In Revealing The Self*. Lao Tse Press. 2000.
- Mindell, Arnold *The Dreambody in Relationships*. Lao Tse Press. 1987.
- Mindell, Arnold. *Dreaming While Awake: Techniques For 24 Hour Lucid Dreaming*. Lao Tse Press. 2000.
- Mindell, Arnold. *The Dreammakers Apprentice: The Psychological and Spiritual Interpretation of Dreams*. Lao Tse Press. 2002.
- Mindell, Arnold *Earth Based Psychology: Path Awareness from the Teachings of Don Juan, Richard Feynman and Lao Tse*. Lao Tse Press 2007

Mindell, Arnold. *The Leader as Martial Artist: Techniques and Strategies for Resolving Conflict and Creating Community.* Lao Tse Press, 2003.

Mindell, Arnold. *The Quantum Mind: The Edge Between Physics and Psychology.* Lao Tse Press. 2000.

Mindell, Arnold. *The Quantum Mind and Healing: How to Listen and Respond to Your Symptoms.* Hampton Roads, 2004.

Mindell, Arnold. *River's Way : The Process Science of the Dreambody.* Lao Tse Press. 1985.

Mindell, Arnold. *The Shaman's Body. A New Shamanism For Health, Relationships And Community.* Lao Tse Press. 1996.

Mindell, Arnold. *Sitting in the Fire: Large Group Transformation Through Diversity And Conflict.* Lao Tse Press. 1997.

Mindell, Arnold. *Working On Yourself Alone: Inner Dreambody Work.* Lao Tse Press. 1991.

Mindell, Arnold. *Working with the Dreaming Body.* Lao Tse Press. 2000.

Mindell, Arnold. *The Year 1: Global Process Work With Planetary Tensions.* Lao Tse Press. 1990.

Reiss, Gary. *Angry Men, Angry Women, Angry World: Moving from Destructiveness to Creativity.* Changing Worlds Press, 2004.

Reiss, Gary. *Beyond War and Peace in the Arab Israeli Conflict.* Changing Worlds Press, 2004.

Reiss, Gary. *Changing Ourselves, Changing the World.* Lao Tse Press, 2000.

Reiss, Gary. *Leap Into Living: Moving Beyond Fear to Freedom.* Changing Worlds Press, 2004.

Reiss, Gary. *Vital Loving: A Guide Book For Couples And Families.* Changing Worlds Press, 2004.

RSPOPUK. *Far In Far Out: a Collection of Essays on Inner Work.* RSPOPUK.2006

Vassiliou, Lily. "Mauthausen: A Journey Into History Then and Now," *The Journal of Process Oriented Psychology,* 2002.

MANUSCRIPTS
(available from Lao Tse Press)

Ackermann, Renata. *Stories of our Lives: Living with Life Threatening Illness.* 1994.

Arye, Lane. *Music the Messenger.* 1998.

Aslanidou, Lena. *Process Work and Aikido.* 1997.

Audergon, Arlene. *The Gates of Society.* 1990.

Bargmann, Claus . *Alltag, Prozebearbeit und Tai Chi.* 1999.

Brooks, Ruby. *Our Inner Gods.* 1988.

Camastral, Silvia. *The Constant Itch to Self Development: A Personal Journey with Atopic Dermatitis.* 1995.

Cathey, Randee. *The Dreaming Facilitator.* 1998.

Dennehy, Virginia. *A Descriptive Study of Bodywork & Spiritual Experience in ProcessOrientated Psychology.* 1987.

Diamond, Julie. *Patterns of Communication.* 1992.

Dworkin, Jan. *Living Alchemy.* 1984.

Dworkin, Jan. *Group Process Work: A Stage for Personal & Global Development.* 1989.

Emetchi. *Pancreas Dreaming:The Murals Story.* 1998.

Fenwick, Steve. *The Dreaming Earth: Foundations for a Process-Oriented Approach to Ecopsychology.* 1998.

Fujisaki, Ayako. *Inherited Memory: A Qualitative Study of How World War II influences the Japanese Postwar Generation.* 2003.

Hauser, Reini. *Jung, Taoism, The Sound of the Saxophone and I.* 1996.

Hansen, Gene. *Process Oriented Group Psychotherapy Work with Disturbing Adolescents.* 1999.

Hatch, Susan. *Body Size Dissatisfaction.* 1995.

Heizer, Leslie. *Beyond Compare: A Personal Reflection on Process Oriented Approaches with Emotionally Disturbed Children.* 1992.

Hill, Claire. *Consciousness, Awareness & Disability.* 2000.

Hohler, Lukas. *At the Point of No Return: Intervening When Physical Violence Escalates Among Teenagers*. 2000.

Irving, Peter. *Believing in Dreaming: Concepts for a New Educational System*. 2000.

Jones, Lee Spark. *Rank and Marginality: a Multidimensional Approach*. 2000.

Katrivanou, Vassiliki. Contextual Essay on the documentary: *Meeting with the Other During the Referendum for the Reunification of Cyprus*. 2004.

Kiryama, Takeo. *Process Work and Japanese Buddhism: A Pilgrimage of Completion*. 2002.

Kobayashi, Akira. *A Study of Contemporary Initiation in the Process Work Community of Portland*. 2002.

Lee, Diane (Ozan). *Violence: A Process Orientated Psychology Perspective*. 1989.

McKenna, Conor. *The Double & its Process*. 1989.

Menken, Dawn. *Emerging World Views: Cultural Transformations in Process Work*. 1989.

Mindell, Amy. *The Hidden Dance*. 1986.

Mindell, Amy. *Working with Movement*. 1987

Mones, Lesli. *Worldwork with Anti-Semitism*. 1995.

Movessian, Shushann. *Putting a Lion in Your Heart*. 2002.

Nance, Clare. *The Individual as a Channel of Group Process*. 1991.

Rose, Ingrid. *Depth Perspectives on War, Terrorism and Conflict*. 2004.

Sanbower, Martha. *Deep Democracy: A Learning Journey*. 2000.

Sato, Kazuko. *Applying the Process Work in Japan*. 1999.

Rhea. *Taking your Meditation Cushion out into the World: Perennial Philosophies and Social Activism*. 1996.

Rose, Ingrid. *Coming to the Table: Process Dialogue and Community Building in Conflict Situations*. 1994.

Rose, Ingrid. *Process Oriented Dialogue: An Inquiry into Group Work & Conflict Facilitation*. 2000.

Schuitevoerder, Stephen. *Process Work Contributions to Men and Power*. 2000.

Schwarz, Salome. *Shifting the Assemblage Point: Transformation in Therapy and Everyday Life*. 1996.

Schwarz, Salome. *A Process Oriented Approach to Developing a Mental Health Service Organization: An Experiential Study*. 1993.

Stewart, Regula. *The Homeless: Gold within the Garbage*. 1991.

Straub, Sonja. *Stalking your Inner Critic*. 1990.

Summers, Gemma. *Conflict: Gateway to Community*. 1994.

Templeton, Kathryn. *Hardship to Hope — Post Traumatic Stress Syndrome*. (Video). 1998.

Tomandl, Stan. *Coma Work and Palliative Care*. 1991.

Van Felter, Debbie. *Heroin Addiction: A Process Orientated Viewpoint*. 1987.

Vassiliou, Alexandra. *Listen or Die: the Terrorist as a Role*. Unpublished doctoral dissertation, the Union Graduate School, Cincinnati, Ohio 1995.

Vassiliou, Lily. *On the Path to a Black Tongue: A Greek Woman's View of Sexism*. 1999.

Vikkelsoe, Jytte. *Beyond Guilt and Innocence: Towards a Process Oriented Criminology*. 1996.

Wilde, Kara. *Understanding Unfolding*. 1999.

Zurmuhle, Claudia. *Awakening from the Body Hypnosis: An Exploration of Integrated Approaches To Eating Disorder Treatment*. 1993.

Zwig, Adam. *An Exploratory Study of a Process Paradigm as Applied to Biomedicine: An Interactive Inquiry*. 1993.

GENERAL THEORY & HISTORY

Archer, Margaret S. *Culture and Agency: The Place of Culture in Social Theory*. Cambridge University Press, revised ed., 1996.

Bellah, Robert Neelly, ed. *Habits of the Heart: Individualism and Commitment in American Life*. University of California Press, updated ed., 1996. It has been hailed as the richest and most readable study of American society since David Riesman's *The Lonely Crowd*.

Berle, Adolf Augustus. *Power*. Harcourt 1969. This is a follow-up to Machiavelli's *The Prince*. Berle sets forth five laws of power and describes them in detail. Includes sections on economic power, judicial power, international power, and ideas about the development of a world community and the emergence of "world government."

Bryant, Christopher. And David Jary, eds. *Giddens Theory of Structuration: A Critical Appreciation*. Routledge 1990.

Chomsky, Noam. *Deterring Democracy*. Noonday Press, 1992.

Chomsky, Noam. *The Year 501: The Conquest Continues*. South End Press, 1993.

de Fronzo, James. *Revolutions and Revolutionary Movements*. Westview Press, 2nd ed., 1996. An overview of some of the revolutions of the 20th century. De Fronzo places each revolution in a historical context and reveals the patterns and cycles common to revolutionary movements. Includes revolutions of Russia, Eastern Europe, China, Vietnam, Cuba, Nicaragua, Iran, and South Africa.

De Tocqueville, Alexis. *Democracy in America*. Signet, 2001.

Fiske, Alan Page. *Structures of Social Life: The Four Elementary Forms of Human Relations*. Free Press, 1993.

Galt, A. S. "The Phenomenology of 'Normality' in the Context of Triggant Burrow's Group Analysis." *Journal of Humanistic Psychology*, Vol. 31, No. 1 (95-113), Winter, 1991.

Giddens, Anthony. *The Constitution of Society: Outline of the Theory of Structuration*. University of California Press, 1986.

Giddens, Anthony. *Central Problems in Social Theory: Action, Structure and Contradiction in Social Analysis*. University of California Press, 1979.

Hall, Edward T. *Beyond Culture*. Peter Smith Pub., 1992.

Held, David. *Models of Democracy*. Stanford University Press, 2nd ed., 1997.

Hughes, Robert. *Culture of Complaint*. Warner, 1994.

Lerner, Gerda. *Why History Matters: Life and Thought*. Oxford University Press, 1998.

Lifton, Robert Jay. *History and Human Survival: Essays on the young and old, survivors and the dead, peace and war, and on contemporary psychohistory*. Random House, 1970. Lifton was one of the first, if not the first, to recognize "the psychologist's tendency to eliminate history; and the historian's impulse to ignore, or else improvise poorly, psychological man."

Lifton, Robert Jay. *The Broken Connection*. Simon and Schuster, 1980. A seminal book on death, history, and the contemporary disconnection to life, dealing particularly with the nuclear age. He emphasizes the importance of awareness of death in the midst of life, the unbroken connection. Lifton assumes that awareness matters.

Loewen, James. *Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong*. Touchstone Books, 1996.

Mao Tse Tung. *The Little Red Book*. Peking: Foreign Language Press, 1966.

Martin, B. *A Sociology of Contemporary Cultural Change*. St. Martin's Press, 1981.

Marx, Karl. Frederick Bender, ed. *Karl Marx, the Essential Writings*. Westview Press, 1986.

Pepper, Steven C. *World Hypotheses: a Study in Evidence*. University of California Press, 1970. A philosophical work probing the question of how we think about the world, the spectacles we wear when we perceive it, and how these spectacles, or "world hypotheses," both inform our perception and are informed by it.

Ravitch, Dianne and A. Themstrom, eds. *The Democracy Reader*. Haynes Pub. 1993.

Reich, Robert B. and Ronald B. Reich. *The Next American Frontier*. Viking Press, 1984. One of the first books to name the causes of America's global decline.

Spellman, Christina and Carlton Rochell. *Dreams Betrayed: Working the Technological Age*. Rowman and Littlefield, 1987.

Ross, Rupert. *Returning to the Teachings: Exploring Aboriginal Justice*. Penguin, 1996.

Said, Edward W. *Culture and Imperialism*. Vantage, 1994.

Schumpeter, Joseph. *Capitalism, Socialism and Democracy*. Perennial, 1984.

von Bertalanffy, et al. *General Systems Theory: Foundations, Development, Applications*. George Braziller, revised ed., 1976.

Whitaker, B. ed. *The Fourth World: Victims of Group Oppression: Eight Reports From the Field Work of the Minority Rights Group*. Schocken Books, 1973. Case histories of races or groups who are being persecuted, oppressed, or deprived of their rights by stronger people or governments. Includes well-known case histories: Blacks in Brazilian society, Catholics in Northern Ireland, the Burakumin, Japan's outcasts, and others.

Zinn, Howard *A People's History of the United States: 1492 - Present*. Perennial, 2003. An alternative history of the United States that includes voluminous information, which is normally left out of US history books. Starting with the atrocities of Columbus and the suppression of the Native Americans, and spanning such areas as the civil rights movement, labor unions, the purge of the Communist Party and the exploitation of other countries and governments.

Zinn, Howard A. *Declarations of Independence (Cross Examining American Ideology)*. Harper Perennial, 1991. A provocative examination of American beliefs and ideology which Zinn feels blind our attitudes toward democracy, communism, history, war, law, economics, free speech, race relations and representative government.

ARTS & EDUCATION

Boal, Augusto. *Games for Actors and Non-actors*. Routledge, 2nd ed., 2002. Augusto Boal spells out the coercive system of repression of the people through use of conventional theater, TV and movies. His "theater of the oppressed" seeks to liberate people. Contains sections on how the body contains oppression & exercises to use in various types of liberation theater.

Boal, Augustus. *Theater of the Oppressed*. Pluto Press Ltd., 2000.

Freire, Paulo. *The Pedagogy of the Oppressed*. Continuum, 2000. This is a testimony to faith in human beings and the creation of a world in which it is easier to love. Freire describes the stages of creating loving situations, speaking true words, and development of a critical transforming model for systems change. He gives a fundamental understanding of the psychology of power and how to develop what he describes as "problem-posing education." While these ideas were developed in Latin America, they have been applied in Africa to school discipline problems, in US literary programs, and in US private, higher education.

Freire, Paulo. *Education for Critical Consciousness*. Continuum, 1992.

Freire, Paulo. *Pedagogy in Process*. Seabury Press, 1978.

Hooks, Bell. *Teaching to Transgress: Education as the Practice of Freedom*. Routledge, 1994.

Kozol, Jonathan. *Savage Inequalities: Children in America's Schools*. Perennial, 1992.

CONFLICT RESOLUTION & SOCIAL ACTIVISM

Ali, Tariq. *The Clash of Fundamentalisms: Crusades, Jihads, and Modernity*. Versco, 2002.

Burton, J. *Conflict: Resolution and Prevention*. St. Martin's Press, 1991.

Erickson, E. *Gandhi's Truth on the origins of militant nonviolence*. Norton, 1969.

Friedman, Thomas. *Longitudes and Attitudes: Exploring the World Before and After September 11*. Penguin Books, 2003.

Girard, Rene. *Violence and the Sacred*. John Hopkins University Press, 1977.

Gutierrez, Gustavo. *A Theology of Liberation: History, Politics and Salvation*. Orbis Books, 1991. Originally published in 1971 in Peru, this is the seminal work of the Theology of Liberation movement as it unfolded in Latin America and informed social activist work both there and beyond. While the author writes out of his roots in the Christian tradition, this book speaks also to those beyond that tradition who seek to understand the nature of oppression and to deepen their awareness of where transformation needs to occur.

Hedges, Chris. *War is a Force That Gives Us Meaning*. Anchor Books, 2002.

Ingram, Catherine. *In the Footsteps of Gandhi: Conversations with Spiritual Social Activists*. Parallax Press, 2003.

Kyi, Aung San Suu, et al. *Freedom from Fear and Other Writings*. Penguin Books, 1996. Aung San Suu Kyi won the nobel peace prize for work in Burma.

Kyi, Aung San Suu, et al. *The Voice of Hope*. Seven Stones Press, 1998.

Maalouf, Amin. *In the Name of Identity: Violence and the Need to Belong*. Penguin Books, 2003.

Mandela, Nelson. *Long Walk to Freedom*. Back Bay Books, 1995.

Peck, M. Scott. *The Different Drum: Community Making and Peace*. Touchstone Books, 1998.

Schrage, Michael. *Shared Minds: The New Technologies of Collaboration*. Random House, 1990.

Seward, G. ed. *Clinical Studies in Culture Conflict*. Ronald Press.

Summers, Gemma. *Conflict: A Gateway to Community- Process Oriented Conflict Resolution*. An Interview with founder Arnold Mindell. Unpublished doctoral dissertation, the Union Graduate School, Cincinnati, Ohio, 1994.

Townsend, Charles. *Terrorism: A Very Short Introduction*. Oxford University Press, 2002.

Trask, Willard R. trans. *Joan of Ark, in Her Own Words*. Turtle Point Press, 1996.

Volkan, Vamik. *The Need for Enemies and Allies: From Clinical Practice to International Relationships*. Jason Aaronson, 1995.

Zinn, Howard A. *Declarations: Essays on War and Justice*. Harper Collins, 2003.

ECONOMICS & CLASS

Allison, Dorothy. *Skin: Talking about Sex, Class and Literature*. Firebrand, 1994.

Dubofsky, Melvyn, and Foster R. Dulles. *Labor in America: A History*. Harlan Davidson, 6th ed., 1999.

Ehrenreich, Barbara. *The Worst Years of Our Lives: Irreverent Notes from a Decade of Greed*. Harper Collins, 1991.

Ehrenreich, Barbara. "The Persistence of Poverty. 1: The Feminization of Poverty When the Family Wage System 'Breaks Down,'" *Dissent*, 31, no. 2 (1984) 162-70.

Gutierrez, Gustavo. *The Power of the Poor in History: Selected Writings*. Orbis Books, 1983. This is a people's theology, not a textbook theology. Gutierrez is a pioneer in practicing a theology of liberation, a spirituality of solidarity with the poor, a theological practice which mobilized an entire continent and opened the eyes of European and North American theologians to their unhistorical and often idealistic way of thinking.

Mandler, Jerry & Edward Goldsmith, (eds.). *The Case Against The Global Economy: and For a Turn Toward the Local*. Sierra Club Books, 1997.

Meadows, Doughty, Dennis Meadows and Jorgen Runders. *Beyond the Limits: Confronting global collapse, envisioning a sustainable future*. Chelsea Green Pub., 1993.

Reich, Robert B. *The Work of Nations: Preparing Ourselves for 21st Century Capitalism*. Vantage Books, 1992. Reich is Secretary of Labor in the current United States government. This is a very readable exposition about the world economy and how "economics" transcends national boundaries.

GENDER & SEXISM

Bass, Ellen, and Laura Davis. *The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse*. Perennial, 3rd ed., 1994.

Conway, Timothy. *Women of Power and Grace: Nine Astonishing, Inspiring Luminaries of Our Time*. Wake up Press, 2000.

Chessler, Phyllis. *About Men*. Bantam Books, 1980. A feminist book about men.

Chessler, Phyllis. *Women and Madness*. Four Walls Eight Windows, 1997. A history of women and the psychiatric profession.

D'Aluisio, Faith and Peter Menzel. *Women in the Material World*. Sierra Club Books, 1998.

Davis, Angela. *Women, Culture and Politics*. Vintage Books, 1990.

Davis, Angela. *Women, Race and Class*. Random House, 1983.

de Beauvoir, Simone. *The Second Sex*. Vintage Books, 1989. An historically important book which helped to trigger the second wave of feminism in this century. First published in 1953.

Eisler, Raine. *The Chalice and the Blade: Our History, Our Future*. Harper San Francisco, 1988. A futurist revisits history from the point of view of the lost heritage of the Goddess traditions and posits a vision of partnership culture.

Lerner, Gerda. *The Creation of Feminist Consciousness: From the Middle Ages to Eighteen-Seventy*. Oxford University Press, 1994.

Lerner, Gerda. *The Creation of Patriarchy*. Oxford University Press, 1987.

Lorde, Audre. *Sister Outsider: Essays and Speeches*. Crossing Press, 1984.

Lorde, Audre. *Zami: a New Spelling of my Name*. Crossing Press, New York, 1983.

Smith, Barbara, ed. *Home Girls: A Black Feminist Anthology*. Kitchen Table Press, 1998.

Taylor, Debbie. *My Children, My Gold: a Journey to the World of Seven Single Mothers*. University of California Press, 1995. Accounts of single mothers from various countries.

Wilkinson, Tanya. *Medea's Folly: Women, Relationships, and the Search for Intimacy*. PageMill Press, 1988.

ORGANIZATIONAL DEVELOPMENT

Belasco, James A. *Teaching the Elephant to Dance: The Managers Guide to Empowering Change*. Plume, 1991.

Depree, Max and James O'Toole. *Leadership as an Art*. DTP, 1989. One of the classic books on leadership in a modern organizational culture. Depree identifies the traits which future leaders of his company must possess. He sees them as vested in individuals who are then designated "leaders" of the company.

Mahesh, V. S. *Thresholds of Motivation: Nurturing Human Growth in the Organization*. McGraw Hill: 1995. This book is an application of Abraham Maslow's hierarchy of needs to the human resources functions of the corporation.

The author also integrates Indian psychological insights with Maslow's theory and applies these to managing people in a corporation. Useful because of its synthesis of Eastern and Western humanist ideas applied to a business environment.

Morgan, Gareth. *Riding the Waves of Change: Developing Management Competencies for a Turbulent World*. Jossey-Bass, 1989.

Owen, Harrison. *Open Space Technology: A User's Guide*. Berrett-Koehler Pub., 2nd ed., 1998. A discussion and format for self-organizing and self-managing multi-day meetings around highly complex and conflicted issues. The format supports mutual learning, with chaos and the transpersonal level of consciousness as integral elements in the collaborative environment.

Owen, Harrison. *Riding the Tiger: Doing Business in a Transforming World*. Abbott Publishing, 1992. A provocative analysis of how the chaos we are experiencing in our organized life is in fact a potent message driving us in search of a better way of being in organizations.

Senge, Peter. *The Fifth Discipline: The Art and Practice of the Learning Organization*. Currency, 1994. The first (and still the most respected) effort to identify salient features of the business as a learning organization. It is partial, and not very well grounded in the dynamic of change and systematizing the learning organization, but it gives a good vantage point for seeing what is accepted dogma in this arena.

Welles, James F. *Understanding Stupidity (An Analysis of the Premaladaptive Beliefs and Behavior in Institutions and Organizations)*. Mount Pleasant Press, 3rd ed., 1987. "Emphasis throughout this work is on institutional stupidity. The focus of concern is the mechanism by which programmed ineptitude affects organizations of every size and type." (author's notes). An extremely well documented work, containing ideas about how to process the relationship between stupidity and shame.

Wheatley, Margaret J. *Leadership and the New Science: Discovering Order in a Chaotic World*. Berrett-Koehler Publishers, revised ed., 2001. Learning about organization from an orderly universe. This is an unpretentious book in which the author attempts to draw from the new physics, chaos theory, and evolutionary biology, and apply insights and metaphors from these disciplines to management and leadership

Zuboff, Shoshana. *In the Age of the Smart Machine: the Future of Work and Power*. Basic Books, 1989. The author, a sociologist, interviewed people in a number of industries who are using computers. Her focus: to find out what patterns of psychological and organizational experience are associated with the emerging technological conditions of work.

PSYCHOLOGY & INNER WORK

Alschuler, A.S. "Creating a World Where It Is Easier to Love: Counseling Applications of Paolo Freire's theory." *Journal of Counseling and Development*. April 1986, Vol. 64.

Arrien, Angeles. *The Four Fold Way: Walking the Paths of the Warrior, Teacher, Healer and Visionary*. Harper San Francisco, 1993. This guide for personal inner work honors the perennial wisdom found among indigenous peoples on all continents.

Arrien, Angeles. *Signs of Life: The five Universal Shapes and How to Use Them*. Penguin USA, 1998. A short book looking at universal symbols, what they mean, and how to use them in practical diagnosis of one's individual process.

Czikszentmihalyi, Mihaly. *Flow: The Psychology of Optimal Experience*. Perennial, 1993. A quick read about higher consciousness, self-knowledge and meaning. Insights about high play, chaos and leadership practices that support creativity and transpersonal levels of consciousness.

De Becker, Gavin. *The Gift of Fear: Survival Signals that Protect Us From Violence*. Dell Publishing, 1999.

Evans, Patricia. *The Verbally Abusive Relationship: How to Recognize it and How to Respond*. Adams Media Corporation, 2nd ed., 1996.

Gray, Mike. *Drug Crazy: How We Got Into this Mess and How We Can Get Out*. Routledge, 2000.

Lerner, Michael. *Surplus Powerlessness: the Psychodynamics of Everyday Life and The Psychology of Individual and Social Transformation*. Prometheus Books, 1991. From the book jacket: "Powerlessness corrupts ... it isolates us, makes us distrust each other, makes intimacy difficult, and convinces us to fit in to lives that offer no real fulfillment."; Draws upon work within the labor movement.

Macy, Joanna. *Despair and Personal Power in the Nuclear age*. New Society Publishers, 1983.

Miller, Alice. *For Your Own Good: Hidden cruelty in child rearing and the roots of violence*. New York: Noonday Press, 1990. Includes abuse issues.

Myss, Carolyn. *Why People don't Heal and How They Can*. Three Rivers Press, 1998.

Scott, Bruce. *Being Real: An Ongoing Decision*. Frog Ltd., 2000.

Turquet, P. "Threats to Identify in the Large Group: a Study in the Phenomenology of the Individual's Experiences of Changing Membership Status in a Large Group." In *The Large Group: Dynamics and Therapy*, Lionel Kreeger, ed. Karnac Books, 1994. This article describes a way of thinking about what takes place during large self-analytic groups (up to 60 people). Turquet utilizes the Tavistock model of group relations to offer observations about some of the forces which impinge on the individual in a large group.

RACISM & ETHNIC STRUGGLE

Ball, Edward. *Slaves in the Family*. Ballantine Pub. Group, 1999. The author has tracked down and interviewed people whose ancestors were slaves owned by his own ancestors.

Benett, Lerone Jr. *Before the Mayflower: A History of Black America*. Penguin USA, 6th ed., 1993.

Bennett, Lerone Jr. *The Shaping of Black America*. Penguin, 1993.

Bullard, Robert. *Confronting Environmental Racism: Voices from the Grass Roots*. South End Press, 1993.

Davidowicz, Lucy. *What Is the Use of Jewish History?* Schocken Books, 1994. This is a great set of essays on a variety of issues from recent Jewish History.

Davidson, Basil. *The Search for Africa: A History in the Making*. James Currey Pub. Ltd., 1994.

Earley, Gerald, ed. *Lure and Loathing: Essays on Race, Identity and the Ambivalence of Assimilation*. Allen Lane, 1993.

Fanon, Frantz. *Black Skin, White Masks*. Grove Press, 1969.

Fanon, Frantz. *The Wretched of the Earth*. Grove Press, 1986. From the back of the book: "Written in anger, this book by a distinguished Negro psychiatrist and leading spokesman of the revolution which won independence for Algeria is no mere diatribe against the white man or the West. It is a brilliant examination of the role of violence in effecting historical change which has served leaders of emerging nations as a veritable handbook of revolutionary practice and social reorganization."

Fanon, Frantz. *Toward the African Revolution*. Grove Press, 1988.

Franklin, John Hope. *From Slavery to Freedom: A History of Negro Americans*. Knopf, 5th ed., 1979.

Friedman, Murray. *What Went Wrong: The Creation and Collapse of the Black-Jewish Alliance*. Free Press, 1995.

Gates, Henry Louis Jr. *Colored People: A Memoir*. Vintage Books, 1995.

Griffin, E. *Black Like Me*. Signet, 1996.

Goldberg, David Theo. *Racist Culture: Philosophy and the Politics of Meaning*. Blackwell Pub, 1993.

Hacker, A. *Two Nations: Black and White, Separate, Hostile, Unequal*. Simon and Schuster, 2003. On racism and race relations in America.

Harding, Vincent. *There Is a River: The Black Struggle for Freedom in America*. Harcourt, Brace, Jovanovich, 1981. From the book covers: "A great black river surges in opposition to the powerful currents of slavery and racism. Fierce pride and unshakable hope sustain unremitting resistance. This is a black history. This is a new American history." A book about collective edges and leadership, and the inner struggles for liberation from psychological bondage.

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